



Here for Christ – here for you

Christ Church, Eaton: Lent Course 2026

Draw Near: Life-giving habits for Lent

How will you grow as a disciple this year?

Discipleship is more than intellectual agreement; it is committed "apprenticeship" to Christ. This Lent, we are invited to ***Draw Near*** by establishing rhythms that sustain our faith and shape our character.

Most of us desire to grow our spiritual life but struggle to find the "trellis" to support the vine and bear fruit. This course explores six core Christian habits—**Worship, Prayer, Scriptures, Communion, Service, and Sharing**—that provide the framework for a flourishing life in Christ. If you are interested in growing as a disciple, these sessions will offer practical help with theological depth.

The course is based on the official Church of England booklet, ***Draw Near: Life-giving habits for Lent***, written by Kate Bruce, Michael Leyden, and Jessica Martin. It provides daily Bible readings and reflections to use at home and will inspire the Wednesday sessions.

Wednesday evenings at 7.30pm in the Vicarage

Date	Theme	Focus
25 Feb	Worship	The foundation of our apprenticeship
4 Mar	Prayer	Developing the rhythms of our heart
11 Mar	Scripture	The trellis of Biblical truth
18 Mar	Communion	Foretaste of the Wedding Feast
25 Mar	Service	Love in action
1 Apr	Sharing	The habit of invitation and welcome

Everyone attending the course is recommended to have a copy of the reflection booklet, which Patrick the Vicar can order. To sign up please email vicar@christchurcheaton.org.uk